

Seven-Up Club – A Positive Transition to High School

On Friday afternoons throughout the school year Mrs Schurer-Lewis works with small groups from Y6, preparing for the transition to secondary school.

Every member of the class attends a session each half term, and we cover thoughts and feelings around;

- Changing friendships and making new friends
- Who supports us now, and in the future
- What consent means both in terms of behaviour and on-line – how to say no
- How to eat an elephant – not allowing small worries to multiply and become overwhelming
- How do people see me – making a good first impression
- Reflecting on our initial thought about high school – It's OK!