



Newsletter 1st May 2020

Dear Parents,

Many thanks to all staff who have been involved in creating our wonderful school tableau of pupils with their teacher.

School is very quiet without our pupils—hoping you'll be back with us soon.



Two recommendations for families:

<https://nosycrow.com/wp-content/uploads/2020/04/Coronavirus-A-Book-for-Children.pdf>

<http://www.robbiddulph.com/draw-with-rob>

Please remember : If parents would like to email me a message (and photo if you wish) for one of our pupils, who has a birthday, I will cut and paste it in the newsletter for us all to share and celebrate.

Please keep sending me children's achievements for the newsletter for us all to celebrate too .

Miss Atkins—a head teacher who is very proud of Goostrey School and everyone associated with it.

The school's official communication with families comes through the newsletter, website, class pages, messages through the app, email and occasionally paper letters.
We do not have an official Facebook account for information.

Holiday dates are on the school website.

SENCo: mrs.freeman@goostrey.cheshire.sch.uk .

Useful information

Before school club: booking form available on school website http://www.goostrey.cheshire.sch.uk/serve_file/48433

Superkids after school club: enrolment - 0161 474 7743 / contact during club - 07746 559400

School uniform: www.myschoolstyle.com/school/goostrey

On-line payment website address www.cheshireeast.gov.uk/schoolshop

GOOSTREY SCARECROW COMPETITION!

April 13th - May 24th (voting until May 31st)
Over £200 of prizes to be won!



HOW TO ENTER

- Make your scarecrow and display it!
- Take some photos and upload them at www.lovegoostrey.com/scarecrows
- Get out and spot the scarecrows!
- From May 24th-31st check www.lovegoostrey.com and vote for your favourite.

**LOVE
GOOSTREY**

kindly
supported
by



GOOSTREY
PARISH COUNCIL

Please see below for recommendations of resources and tips to support parents during the current COVID-19 outbreak.

- CEOP is a well known and valuable child exploitation resource bank. Given current circumstances they are releasing a new activity pack every 2 weeks to support parents to deliver online safety activities with children at a time when they will be spending more time online at home.

<https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/>

- At present many parents will be juggling childcare with working from home. Top tips for parents working from home:

<https://www.barnardos.org.uk/blog/tips-parents-working-home-barnardos-colleagues>

- The NSPCC has created an information and advice resource for parents/carers of young people with anxiety about Coronavirus.

<https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health>

- Professionals, parents and young people can be directed to the Young Addaction Pan Cheshire social media pages for daily updates, resources, tips and support

<https://www.facebook.com/Pan-Cheshire-Missing-and-Child-Exploitation-Service-1039465136264241>

<https://twitter.com/PanCheshireMFH>

The NSPCC has created an online Hub providing advice and support for parents and carers during the coronavirus outbreak. Content includes: information on keeping children safe from abuse; tips and advice to help parents working from home; and ways to talk to a child who is anxious or worried about coronavirus.

Visit the Hub: [Coronavirus \(COVID-19\) advice and support for parents and carers](#)

Mental Health Helpline - 0300 303 3972

Local NHS Trust, Cheshire and Wirral Partnership (CWP), has launched a new mental health helpline for residents of Cheshire West, Cheshire East and Wirral.

Open 24 hours a day, seven-days a week, it is open to people of all ages including children and young people who need urgent mental health support.

What to do if you need urgent mental health help:

- Please call **0300 303 3972** and our dedicated local NHS staff will support you to access the help you need;
- The helpline is open **24 hours a day, seven days a week** and is open to people of all ages – including children and young people;
- The helpline is now the **first port of call for mental health help** – it is operated by people in your local area who will know how best to support you. If you call NHS111 you may have to wait longer for help and will be re-directed to this local service – so call 0300 303 3972;
- Please note, A&E and 999 are **not the best places** to get help for the majority of mental health problems – **call 0300 303 3972** to be directed to the best local service to support you;
- You should still call 999 or go to A&E if you have an **immediate, life-threatening emergency** requiring mental or physical health assistance;

For non-urgent help and **general wellbeing advice**, the CWP website contains information and links to resources to support people with anxiety, low mood, and worries relating to the current Covid-19 pandemic www.cwp.nhs.uk

For **children and young people** there is also a dedicated website MyMind.org.uk



WHAT SUPPORT IS OUT THERE FOR ME?

WHO CAN HELP ME RIGHT NOW?

People or services that might be able to help me immediately.

NSPCC: For Me app (Find in the app store)	The Cheshire East Domestic Abuse Hub 0300 123 5101	Young Minds www.youngminds.org.uk
Family Lives for parents www.familylives.org.uk	Kooth: Online counselling service www.kooth.com	The Mix www.themix.org
Headspace app for meditation (Find in the app store)	Calmharm app for self-harm support (Find in the app store)	Stop, Think, Breath app for meditation (Find in the app store)
Child Line 0800 1111 or www.childline.org.uk	Samaritans 116 123 or www.samaritans.org	Papyrus 0800 068 4141 or www.papyrus-uk.org
Your GP (Referral to CAMHS)	Young Minds Parent Line 0808 802 5544 or www.youngminds.org.uk/find-help/for-parents/parents-helpline	Annafreud www.annafreud.org.uk

During Covid-19 situation - if you don't feel safe please call Mental Health Crisis support – Cheshire 0300 303 3972 or Staffordshire 0300 123 0907 opt 1

Don't forget your friends and family are also there to support you.

WWW.VISION.ORG.UK
01260 290000



FELLOWSHIP HOUSE, PARK ROAD, CONGLETON, CW12 1DP

CHARITY NO. 1107951
COMPANY NO. 5250758

Useful contacts and numbers.....

If there's any other information that you feel should be added to this page, as a weekly standing item, please let me know.

www.goostreypreschool.org.uk

Telephone: 07471 756720 - available during pre-school hours only.

SUPERKIDS

If you want to enrol your child into SUPERKIDS, our after school club. then please ring the Superkids office on 0161 474 7743 or you can come to the Junior hall, between 3.30 and 6pm. This number can be used for registration details, bookings adding people to Vizilogger etc.

Superkids also have a mobile phone number you can contact to advise about your child's attendance at the club or if you are running late to collect your child.

The mobile phone number is 07746 559400

Before School Club

If you would like to enrol your child for Goostrey Before School Club, please either download a booking form from our website www.goostrey.cheshire.sch.uk or collect from the reception desk. The cost is £3.00 per session and the club operates on each school day, from 8 .00 AM to 8 55 AM. Please note no food is served at this club.

The Chair of Governors and the Head teacher meet at least once a week. If you have anything you would like them to discuss / consider please let us know. We will always respond to you.

The web address for ordering school uniform is:
www.myschoolstyle.com/school/goostrey

Class pages, on the school website have lots of up to date information for your child's class. Please keep looking at these as they are updated every week for you. Thank you

Compliments and Comments and Suggestions.

Name:.....

Please use this slip if you wish to give school general feedback about any aspect of school life. It is not essential to provide your name but will be necessary if you want a response. Please return to Mrs Carroll or the class teacher.

Alternatively you are always welcome to e mail staff or pop in to see them—school operates an open door policy.